



**Temple Ewell**  
Church of England Primary School

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### **PE & Games**

Policy written – September 2021

To be reviewed – September 2023



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**PE and Games Policy**

‘What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you’

Philippians 4:9

**Intent**

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

National Curriculum 2014

**Aims of PE and Games**

Temple Ewell Church of England Primary School aims to ensure that all our pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

**Implementation**

- Each class is timetabled so that they can access either the Millennium or Small hall at least twice a week regularly.
- The playground areas, field and outdoor classroom spaces are used to facilitate activities such as outdoor activities and games.
- Teaching staff & Sports and Wellbeing Coach deliver high quality PE activities/lessons for at least 2 hours per week.
- Swimming lessons are provided by qualified teachers from The Duke of York’s Royal Military School
- Coaches from local sport clubs (e.g. Gymnastics/ Cricket) regularly provide additional opportunities for extending the PE curriculum.
- After school sessions include a wide range of physical activity clubs. They run weekly for all children with a different focus each half-term.
- Lunch time clubs provided focussed activities for KS2/KS1/EYFS children helping to establish healthy lifestyles and our school pupil led Active Playleaders set up games and equipment for the school.
- Through the Youth Sports Trust and the Dover District School Sports partnership link, the children are all given regular opportunities to participate in after school competitive sporting activities. School staff accompany the teams to these events.

Furthermore, the school provides opportunities for children to access a wider range of sporting activities utilising their campus facilities.

**Early Years Foundation Stage**

Physical development within the EYFS framework is still a key component in the revised 2021 guidance. Areas children will cover are:

- Moving and handling – Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.
- Health and self-care – children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

Children access a range of daily activities to develop their fine and gross motor skills and have access to a dedicated outside area. In addition to this, they also have a weekly PE lesson.

### Key Stage 1 & 2

- The school follows its own scheme of work, complemented by other ideas and activities from other sources – these have been adapted to meet the needs of each individual class. The schemes are in accordance with the current National Curriculum guidelines.
- Lessons are blocked in units of work to promote greater depth of understanding, developing skills, contextual application of these skills and the ability to perform reflectively.
- Swimming lessons take place weekly for the junior classes. Transport time to the local pool is included as part of the PE time allocation.

### **Impact**

The school aims to provide high quality PE provision to all children via our implementation and interpretation of the curriculum. They will know and understand what is required to learn happy and healthy lives.

PE and Games links to other areas of the curriculum, below are some examples it has an impact on:

#### *English*

Links between PE and English include: writing sequences, following/giving instructions, oral/peer assessments, speaking and listening, and movement within drama.

#### *Maths*

Links between PE and Mathematics include: measurement, shape and space, sequences, number, angles, position and movement, rotation and time.

#### *Computing*

Children use capturing and recording equipment (cameras and videos) for evaluation/development of skills. Videos of professional/skilled athletes are also used to help develop good technique.

#### *PSHE*

PSHE and PE links include following rules, living healthily, co-operating with others and understanding fairness and equality.

#### *Christian Values*

Through sport children are taught the values of respect, trust, honesty, friendliness and perseverance.

## Healthy Eating

The school recognises that physical activity is just one element of healthy lifestyles and actively promotes healthy eating to help combat child obesity. These messages are shared in clubs, lessons and through cookery sessions with all age groups.

## SMSC

PE offers many opportunities that support the social development of our children. Groupings allow children to work together and give them the chance to develop respect for the abilities of other children through collaborative and co-operative work, while gaining a better understanding of themselves.

## Inclusion

- Class teachers will ensure that spare PE kit is available for any occasional circumstances where a child does not have their own in school.
- Lessons will provide good quality experiences that are suitably challenging for all pupils.
- Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities.
- For children with limited gross motor skills, the integrity of activities will be maintained, and expectations will take into account the individual needs of pupils.
- For the purposes of competitions, all children will be given the opportunity to participate in the experience.

## Assessment & Recording

- Assessment is usually carried out by Teachers and the Sport and Wellbeing Coach in the course of the normal class activity.
- This is done mainly through observations and sometimes through discussion with children.
- A photographic/video record is sometimes used to document some of their work.
- Physical development levels and progress are recorded by the EYFS teachers for each child.
- Levels of attainment are recorded on skills grids for KS1 and KS2 pupils.
- Physical Education / physical development is included as part of the end of year reports to parents.

## Health & Safety

- All staff have due regard for the current Association for Physical Education (AfPE) PE guidance 2012 when preparing and delivering PE lessons:
- Pupils are taught how to improve their own abilities to assess risks.
- First aid equipment is available, and all staff are trained in what action to take, including calling for assistance in the event of an accident.
- Inhalers for pupils suffering from asthma are made readily accessible
- Children with diabetes are monitored closely throughout and after PE lessons by staff.
- Regular checks are made on all equipment.
- The subject leader makes termly visual checks for wear and tear and security of major items, and all staff are responsible for reporting to the subject leader if any items show wear and tear.
- Any items constituting a danger are taken out of use immediately.
- All large items of equipment are inspected annually by an independent safety expert.
- Pupils are taught how to move and use apparatus safely under the supervision of a teacher or responsible adult.

- Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting Hockey stick above the waist, not jumping or running in front of others, etc ).
- Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery and other body piercings.
- Teachers ensure that no jewellery is worn in lessons and long hair should be tied back. If earrings cannot be taken out, they are taped over.
- Pupils wear suitable footwear when travelling to and from the different halls.
- If a child has no trainers/pumps for outdoor PE they use their shoes if the activities are on the playground.

## Resources

- There is a variety of equipment to enable pupils to achieve objectives, which are best suited for their age and stage.
- Large equipment/ mats and some indoor PE resources are stored in the Small Hall.
- Outdoor equipment is stored in the outdoor store.

## Administration Arrangements for Extra Curricula Sporting Events

- The School Office Admin Assistant liaises with teachers/support staff and sports coaches to arrange After school clubs/ attendance of teams at External Sporting competitions and distributes information regarding Holiday Sports clubs.
- Where necessary the office liaises with the Educational Visits Co-ordinator/ HT to ensure that the appropriate paperwork is completed.

## School Sports Premium

- The school has a detailed plan to improve the quality of PE provision for all pupils. This is updated termly and reviewed by Governors. The plan includes an overview of sports premium spending and a review of the impact of the allocated funds.

## Monitoring & Review

- The subject leader will oversee the continuity and progression within annual and medium-term plans.
- They will also monitor the quality of teaching and learning through observations.
- The leader will support colleagues and share expertise, arrange opportunities for outside agencies to visit the school in order to enhance learning and direct teachers to examples of good practice.